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## Media Release

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**FOR IMMEDIATE RELEASE**

**JANUARY 21, 2010**

### Recipients Named

Saint John, NB— The Saint John Y announced the recipients of this year's Red Triangle and Leader to Watch awards today at Prince Edward Square.

The Red Triangle Award recognizes long and meritorious service, outstanding contributions and achievement in the community. This year's recipient, Roly McIntyre, has led numerous community and volunteer initiatives and served our community as a politician for many years. His big heart and generous spirit are well-known throughout Saint John.

The Leader to Watch Award recognizes an individual 35 years of age or younger who is a role model for other young adults in our community. Leah Richardson, a student at the University of New Brunswick Saint John, is this year's recipient. Richardson is a member of the university's student council, a youth pastor, an entrepreneur, and, most of all, a leader.

McIntyre and Richardson will receive their awards at the Red Triangle's 20<sup>th</sup> anniversary gala on April 22 at the Saint John Hilton.

"Roly and Leah are both leaders in our community, one well-established, one just coming on the scene," said Alyson Townsend, vice-chair of the Saint John YMCA-YWCA Board of Directors. "The Red Triangle awards are about the equal development of mind, body and spirit and this year's recipients embody that principle."

This year's Red Triangle Gala features a camp theme, with a gourmet dinner of camp-inspired food and camp songs performed by local entertainers

"There is a strong tie in the community to the camp experience, either sleep-away or day camp," said Shilo Boucher, COO of the Saint John Y. "We wanted to make the 20<sup>th</sup> anniversary a memorable and fun event."

Tickets for the event are \$120 each or \$900 for a table of eight (a charitable donation receipt will be given for a portion of the ticket price). The event starts at 6 p.m. with dinner served at 7 p.m. For ticket information, please contact 634-4937 or visit our website at [www.saintjohny.com](http://www.saintjohny.com).

The Saint John YMCA-YWCA is a charity, open to all, serving the community since 1854. The Strong Kids Campaign encourages the public to invest in YMCA programs to help provide more opportunities for children from high-need communities, families facing financial barriers, and Canadian newcomers, to participate in and benefit from YMCA programs. For more information about the YMCA Strong Kids Campaign, or to make a donation, visit [www.ymcastrongkids.ca](http://www.ymcastrongkids.ca) or visit your local Y today.

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